

**January 22-28 Retreat for Priests and Religious with Personal Guidance**

The retreatants will be provided with inputs and personal spiritual guidance and counselling by an experienced counsellor. For those who wish to work on a particular area of their spiritual life or wish to make a private retreat can also apply. Please note the same above retreat will be conducted in June 03-09, and October 07-13.

Resource Persons: Ishopanathi Team

Registration and Course fee: 500

Lodging & Boarding: 1,800

**January 30 Sadbhavana Day**

Any activity through which we take the faith of others seriously is called inter-religious dialogue. Here Christian faith is not to measure other's faith, but to serve others. In true and genuine dialogue there is rootedness to one's own faith and openness to other's faith. Hence a day of inter-religious dialogue would be organised by inviting various religious leaders to work towards religious harmony and integration.

**March 04 – 10 Retreat on Forgiveness**

For Laity, Priests & Religious.

This retreat deals with the hurt feelings a person has experienced, how to cope and go beyond them, a better understanding of forgiveness and ultimately forgiving oneself, others and situations.

Resource Person: Rev. Fr. Joseph Daniel SVD, who at present works at Divya Jyoti Seminary, Sason, Sambalpur. He has got a doctorate in Clinical Psychology.

Registration and Course fee: 500

Lodging & Boarding: 1,800

**March 23 – 25 Lenten Retreat for the Laity (Hindi/Odiya)**

**Theme: The Commandment of Love in the New Testament** - What are the implications of the commandment of love in the New Testament for our family, society and workplace? What are the common failures to obey this commandment? Repentance and re-commitment to be faithful to the commandment of the Lord.

Resource Person: Rev. Fr. Frederick Santhumayor, SVD. He is a well known pastor who conducts various

seminars, workshops and retreats for the laity in the different dioceses of Odisha. He is a visiting professor at Khristo Jyoti major seminary for the last 25 years. Homiletics and Pastoral Care are his specializations. At present he is the Biblical coordinator of the SVD India Eastern Province.

Registration and Course fee: 250

Lodging and Boarding: 600

**March 25 A Day of Recollection**

Ishopanathi Ashram will organise a tri-monthly recollection on Sunday during the year 2012. The laity, religious and priests are highly encouraged to participate in it. The duration of the recollection will be from 9.00 a.m. to 4.00 p.m. This day will comprise of a spiritual input (talk), the sacrament of reconciliation, the Eucharist and adoration (June 24, Sept. 23, and Dec. 9)

Registration and lunch expenses: Rs. 125

**April 15-21 Psycho-spiritual Inner Healing Retreat**

For laity, priests and religious.

To various degrees we are wounded in our lives, some of us are healed, but those who are not, go about hurting themselves and others. This retreat is aimed at healing the inner wounds and infusing greater inner freedom, peace and power.

Resource Persons: Ishopanathi Team

Registration and Course Fee: 500

Lodging and Boarding: 1800

**April 29 A Symposium on the Life and Works of Fr. Marian Zelazek**

**April 30 Memorial Prayer Service - 6<sup>th</sup> Death Anniversary of Fr. Marian Zelazek.**

**May 13-19 Yoga Course: open to all (Patanjali Yoga Samiti, Puri)**

**May 20- 26 Personal Vocation Retreat**

For Laity, Priests and Religious

Personal vocation is God's call to each person to actualize the potential God has given him/her and to live

a creative life. It is the unrepeatable uniqueness God has given to me in 'calling me by name'. In this retreat the psycho-spiritual understanding of personal vocation, its discernment, discovery and why it becomes the centre of unity and integration of a person will be explored.

Resource Persons: Ishopanathi Team

Registration and Course fee: 500

Lodging and Boarding: 1,800

**June 03-09 Retreat for Priests and Religious with Personal Guidance**

**June 24 A Day of Recollection**

**July 12- 15 Being a Communicative Pastor/Leader**

God Communicated His vision to the world through his Son, Jesus. In turn Jesus communicated God's Kingdom through various communicative methods. Thus communication is an integral part of our mission. Hence the Church leaders as pastors and teachers cannot but have to become media literate and equip themselves to give adequate pastoral care to all new media users of today. The course will focus on what and how the "new media", ways and means can be very handy in our pastoral mission.

Resource Person: Rev. Fr. Sunil Damor, SVD. He has a Master Degree in Communications from the Salesian University, Rome in 2007. At present he is the Director of the Regional Communication Centre of Odisha as well as the Regional Secretary for Social Communications. He is also the National Communication Coordinator and National Web Administrator for the Society of the Divine Word (SVD).  
Registration and Course fee: 300

Lodging and Boarding: 900

**July 28 – 29 Seminar for School Teachers**

This seminar aims at equipping the teachers with Psychology of learning, understanding adolescent students, dealings with students in crisis, the art of listening and the techniques of interpersonal relationship with students.

Resource Person: Rev. Fr. Joseph Daniel SVD. He has worked in schools for last 20 years, had been principal of two schools. He is specialized in students

counselling and holds a doctorate in Clinical Psychology. You can also contact him personally to organize programmes in your place according to the needs of your school for students, teachers and parents. His mobile no. 08895148284, e-mail Id. danrudh@gmail.com

Registration and Course fee: 250

Lodging and Boarding: 600

**August 12-18 Meditation for God Experience and Inner Healing.**

For Formators, Religious, priests and laity.

Beginning with relaxation and concentration exercises one is led to the experience of various methods of meditation such as meditation on Holy Bible, nature, human body, imaginative contemplation etc. There will be inputs and guidance for discernment, inner healing and dealing with the inner child.

Resource Person: Rev. Fr. Jos Vazhayil SVD. He has specialized training in spirituality, formation and retreat guidance from England and USA. He has worked several years in the formation, being a novice master for 12 years and the rector of major seminary at Pune. At present he gives his services at Atma Darshan, a centre of spirituality and counselling at Mumbai.

Registration and Course fee: 500

Lodging and Boarding: 1800

**August 20 – 24 Accompaniment Programme for the Young SVDs of INE Province**

**September 14 – 16 Workshop on Leadership**

For Catholic Lay Leaders

In the church today there is a felt need of lay leadership. The workshop uses the Gospel themes of being servants, shepherds, stewards and being sent, to help Catholic lay leaders to reflect over their unique calling to be leaders. The workshop eventually seeks to help participants develop their leadership skills towards achieving personal growth and communitarian goals.

Resource Person: Rev. Fr. Joseph Daniel SVD

Registration and Course fee: 250

Lodging and Boarding: 600

**September 23 A Day of Recollection**

### September 24-29 Counselling Skills for Formators

Formation today is a challenging task given the complexity of the human person, the fluid existential situation and diverse family backgrounds. This complexity can throw up issues and questions for which there may not be a single fit-for-all answer. This 5-day workshop attempts to look into the various factors that influence the formation and development of a person and the problems that may arise therein. Through an experiential methodology, and the use of Cognitive (REBT) and Psychodynamic techniques, the participants will be facilitated to explore ways and means to reach out and help those undergoing religious and priestly formation.

Resource Person: Rev. Fr. Tony Menezes, SVD. He is the Director of Atma-Darshan, Centre for Counselling and Spirituality, in Andheri-Mumbai. He holds a Doctorate in Clinical Counselling.

Registration and Course fee: 1000

Lodging and Boarding: 1,800

### October 07 – 13 Retreat for Priests and Religious with Personal Guidance

#### October 21-27 Discipleship Retreat

For Laity, Priests and Religious

"I have come not to do my own will, but the will of Him who sent me" Jesus' primary concern and passion was to do the will of his Father who sent Him into this world. The retreat focuses on the urgency of seeking, finding and doing the will of God in our lives, which alone can give us lasting joy and contentment in life. Resource Person: Rev. Fr. Jose Panackappillil, SVD. He has been involved for long in guiding seminarians, sisters and youth. He has also worked in mission parishes and in administration, and is presently staff of the Divine Word Seminary, Pune.

Registration and Course fee: 500

Lodging and Boarding: 1,800

### November 05 – 10 Psycho-Spiritual Integration Workshop

For Formators, Priests and Religious This workshop will provide some helpful insights to work towards one's psycho-emotional, psycho-sexual and psycho-spiritual integration. It seeks to understand the personal

vocation and integration of various aspects of human person. It aims at integrating healthy attitudes and healthy growth with regard to psycho-spiritual-emotional-sexual aspects of consecrated life.

Resource Persons: Ishopanathi Team and Rev. Fr. Lancy Rodrigues SVD, PhD in Moral Theology.

Registration and Course Fee: 500

Lodging and Boarding: 1800

### November 11 – 17 Biblical Retreat

For priests, religious & laity

The main thrust of this retreat is to focus on Jesus who profoundly touched the lives of people not only by His words, but by what he did, how he lived and died. He is the Word made flesh (Jn.1:14), who will give the answers to all the problems of our life and help us to find proper direction to a unique and powerful Christian life. It will also provide an in-depth understanding of the Word of God to achieve self-transformation and see Christ the DIVINE WORD come alive in this retreat.

Resource person: Rev. Fr. Sunder Tandi SVD. He has done his specialized studies in Biblical theology at Angelicum University, Rome. He is a dynamic person full of enthusiasm and zeal to proclaim the Word of God. He also has the experience of preaching charismatic retreats.

Registration and Course fee: 500

Lodging and Boarding: 1,800

### November 23 – 25 Wedding Jubilee Retreat (Hindi/Odiya)

**Theme: Christian family is a domestic Church** - A survey of our faith-journey in the Church from the time of our sacramental marriage; a new way of becoming a domestic Church; how to understand and guide the young children.

Resource Person: Rev. Fr. Fredrick Santhumayor, SVD

Registration and Course fee: 250

Lodging and Boarding: 600

### December 9 A Day of Recollection

### December 14 – 16 Advent Retreat for the Laity (Hindi/Odiya)

**Theme: Testimony of John the Baptist and Faith-surrender of Mary** - How John the Baptist's testimony, prophetic message and personal life-style is a model to

be imitated as the best way to prepare for Christmas; how Blessed Virgin Mary can become a model of unconditional response and surrender to God's Word as we prepare for Christmas.

Resource Person: Rev. Fr. Fredrick Santhumayor, SVD

Registration and Course fee: 250

Lodging and Boarding: 600

#### General Information:

- All the programmes begin on the evening of the first day (arrival by 7 p.m.) and will end at 5 p.m. of the last day.
- All programmes are residential.
- All rooms are self-contained with two beds.
- Lodging and boarding per day per person is Rs. 400.00

#### Other service offered by the Centre:

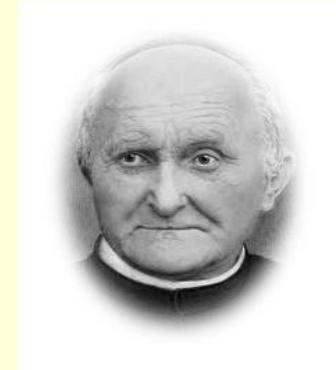
- Personal counselling and retreat direction appointments available throughout the year.
- Facilities for individual and families to spend time in prayer and solitude.
- Be it residential/non-residential facilities are available for NGOs/Dioceses/Congregations to conduct their own workshops, seminars, training programmes, retreats etc.
- An arrangement to go for sightseeing/picnic to Konark, Bhubaneswar and Chilka during the programmes is undertaken.

#### How to Reach Ishopanathi Ashram:

Ishopanathi Ashram is situated at Puri, one of the most holy cities for Hindus. It is a walking distance from the world famous Jagannath Temple and the sea beach. To reach Ishopanathi Ashram, taxies and auto-rickshaws are available at Puri railway station or main bus station. The distance from station to Ishopanathi is about 5 km. The land mark to reach Ishopanathi is Father School (Beatrix school) on Baliapanda road.

## ISHOPANTHI ASHRAM

ST. ARNOLD'S SPIRITUALITY,  
DIALOGUE & COUNSELLING CENTRE



BY THE SOCIETY OF THE DIVINE WORD  
(SVD Eastern India Province)



## PROGRAMME 2012

#### For Registration and inquiry contact:

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